Specifications

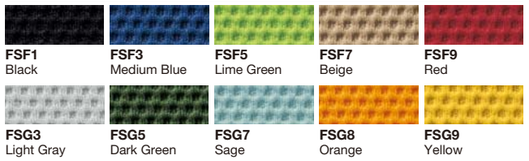
Black shell
350ϕ × 565~815H
(13 7/8"ϕ × 22 1/4"~ 32 1/8")

White shell
350ϕ × 565~815H
(13 7/8"ϕ × 22 1/4"~ 32 1/8")

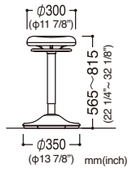
The supporting column can tilt in all directions with your body allowing you to sit at comfortable angle and move freely.

Use the lever underneath the chair to adjust the height between 565mm (22 1/4") to 815mm (32 1/8").

[Colors]



FSF1 Black
FSF3 Medium Blue
FSF5 Lime Green
FSF7 Beige
FSF9 Red
FSG3 Light Gray
FSG5 Dark Green
FSG7 Sage
FSG8 Orange
FSG9 Yellow



You can press the ring with all-around access underneath the seat, making height adjustment quick and easy.

● Specifications: Seat upholstery: Polyester Height adjustment lever: Fiberglass reinforced polyamide Base: Polypropylene Seat shell: Fiberglass reinforced polypropylene

Variation

For more information regarding the variations of *repiroue*,
please contact Okamura corporation or a registered sales partner.

Ecology

GREENGUARD
PRODUCT CERTIFIED FOR LOW CHEMICAL EMISSIONS
UL.COM/GG
UL 2818

Award

reddot award 2016
winner

The products listed in this catalog are available as of May 2016. Please note that specifications, dimensions, and colors are subject to change without notice. The colors of the actual products may differ somewhat from the colors shown in the catalog, depending on printing conditions.

YOCK91-651 P.DN '16-05 Printed in Japan

repiroue

okamura

The Perfect Combination of Sitting and Standing – a New Style of Work Posture

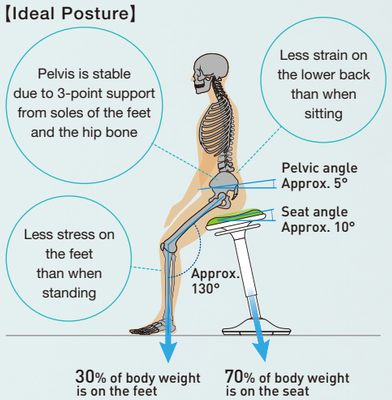
It is no secret that changing our posture throughout the day is essential to our wellbeing in the office.What's more, adapting a posture that is appropriate for the task at hand helps relieve stress placed upon the body.Okamura recommends five postures for increased office productivity and efficiency. Among them is the perching posture, a perfect combination of standing and sitting, which is suitable for a standing meeting or a touchdown. Our perching stool, *repiroue* was brought to life with the intention of making the perching posture more accessible in the office environment.

Reducing stress on your body for a comfortable work posture

Perching posture does not apply extra pressure on the gluteal muscles and minimizes the stress placed on the intervertebral discs. Supporting the body from 3-points (both feet and the hip bone) stabilizes the pelvis. Furthermore, tilting the seat forward brings the pelvic angle close to that of standing position, meaning the S curve of the spine is almost the same as when standing, thus reducing pressure to the lower back. *repiroue* distributes body weight between the feet and the buttocks so that the legs are released from solely sustaining the weight.

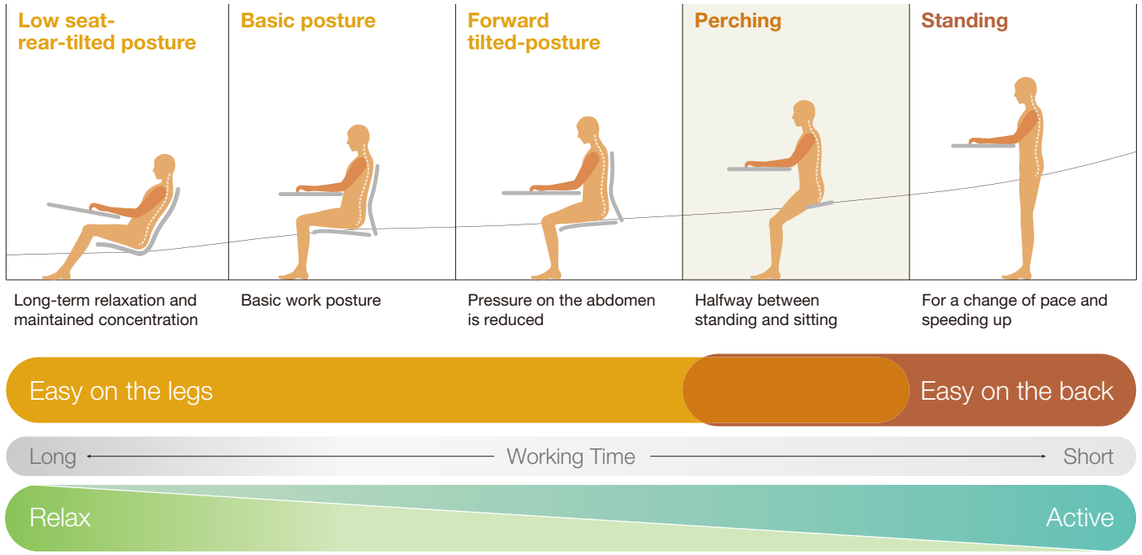
PERCHING

【Ideal Posture】



Source: joint research with Prof. Ko Matsudaira, M.D., Ph.D. Department of Medical Research and Management for Musculoskeletal Pain, 22nd Century Medical and Research Center, Faculty of Medicine, The University of Tokyo-Hospital, 2015

Adjust your posture to best suit the task at hand.



Introducing a new style of work posture

Until recent years, office workers had spent most of their time seated at their desks, but with increased recognition of height adjustable tables' benefits, more and more office workers are starting to work on their feet. Our perching stool, *repiroue* is the perfect companion to height adjustable tables, with its easy height adjustment function, it can accommodate office workers of all body types.

Height-adjustable table［SW］×Perching stool［repiroue］